





## For Example:

List a few of your weeds below and come up with at least two sunlights that can be used to grow your energy.

| <u>WEEDS</u> | WAYS TO FIX THEM |
|--------------|------------------|
|              |                  |
| •            | •                |
|              |                  |
|              | •                |
|              |                  |

## Take A Look..



The whole goal of an Eco Map is to analyze where your energy is going. Both positive and negative. The ideal balance is to have more positive energy than negative. For every negative, we should have two positives.

How much sunlight do you have?

How many weeds do you have?

Do you have a balance of sunlight and weeds?

